UNIVERSITY OF OSLO



Welcome to the University of Oslo!

Orientation meeting for new international students

12.08.26

Orientation meeting for new international students



All presentations are published on the event page



Feel free to ask questions



Agenda:

Getting started at UiO
Registering in Norway
Living in Oslo and events

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Getting started as a UiO student

Registering in Studentweb

Username and password IT-services

Student ID

Access card

My studies app or portal

Find everything you need in the Getting Started brochure autumn 2026

Primary points of contact

Faculty information centre

- Accessibility services
- Course registration
- Exams
- Transcript of records
- Contact information and opening hours

IT help

- Digital teaching
- Username and password issues
- Setting up UiO email and calendar
- Issues regarding login for UiO services
- Connecting to UiO's WiFi networks
- Contact information and opening hours

Knutepunktet

- Residence permit
- Police registrations
- Admission
- Events
- Non-academic questions
- Contact information and opening hours

Important deadlines

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How to register as a student in Norway



Orientation meeting for new master's degree students

Knutepunktet – International Student Reception

12 August 2026

Agenda

- Police registration
- Residence permit

- Norwegian ID number
- Health insurance

- Part-time work and work permit
- Student support at UiO

Police registration

If granted a study permit before arrival

- You will meet with the police to be issued a residence permit card
- Book an appointment with the police on the UDI's web page
  - Choose "Oslo Police District, Department of Immigration"
- Bring documentation of your Oslo address and room number

For your police appointment you must bring



Passport



Your address in Oslo

Remember the unit number of the apartment



Receipt from SiO deposit account

Place of appointment

Where to meet with the police



Oslo Police District, Department of Immigration

- Address: Schweigaardsgate 15B
  - Bus stop: Oslo Bussterminal
  - Subway station: Grønland

- If you cannot book an appointment online, please contact the police:
  - Telephone: (+47) 22 34 21 00
  - Email: oslo.fuf.studenter@politiet.no

Foto: UiO/Anders Lien

Applying for residence permit after arrival in Norway

- Some students can travel to Norway and hand in the application for residence permit after arrival
- Make sure you fulfill the requirements to apply from Norway
- If you are uncertain, please contact UDI directly regarding your specific case

If you have not obtained a study permit

Submit an online application and book an appointment on the UDI web page

Bring with you all required documents to the police appointment

See the UDI checklist for documents to be handed in

Follow the UiO guide for how to apply for residence permit

Norwegian ID number

- You will register for a Norwegian ID number at the same time as you meet with the police
- The police will notify the Tax Office (Skatt Øst) on your behalf
- The Tax Office will send you a letter with a Norwegian ID number
  - Important to inform the police of your current address in Oslo and room number
  - Contact SiO housing about registering your postal address



Photo: Jarli&Jordan/UiO

SiO deposit account and bank account

Access to your funds

- Book an appointment with SiO Deposit account for access to your funds
  - Send an e-mail to udideposit@sio.no
  - Remember to bring your passport when collecting reloadable debit cards
  - If staying in SiO housing, you can use your funds to pay the rent
- When you have opened a bank account, you can request a transfer of funds to your Norwegian bank account

Opening a bank account in Norway

- Make sure that your credit card can be used in Norway/Europe
- Opening a Norwegian bank account can take some time
- The bank may charge a fee
- Wait until you have received the Norwegian ID number
  - Then visit the bank of your choice

Health insurance

National Insurance Scheme

- Students staying for more than 12 months will be automatically registered for the National Insurance Scheme
- Be aware that if you need medical treatment this will only cover you within Norway
- You can register for a GP through SiO health services

Travel insurance

- It can take some time to be registered with the National Insurance Scheme
- We recommend **private health** insurance while waiting to be registered
- If you plan to travel while studying, we recommend a travel insurance in addition

Renewal of residence permit

- Students granted a study permit must apply for renewal of residence permit before the current permit expires
- If your permit expires August 2027, you must apply at least one month before

Progress report

- The application must include a statement of your study progress after your first year of study
- You are expected to complete 30 credits each semester
- You can request a progress report from Knutepunktet in May/June 2027

Part-time work permit for non-EU/EEA citizens

- The study permit is granted on the basis of full-time studies
- In addition, you are granted a part-time work permit
- The part-time work permit only allows you to be an employee
  - You can not set up your own business (sole proprietorship - enkeltmannsforetak)
- If offered a job, you must register with the tax office and get a tax card

Part-time work permit and UDI

You can work up to 20 hours pr week

You can work full-time during ordinary the holidays

The part-time work permit has the same duration as the study permit

You can start to work after you have received your residence permit

Work and tax in Norway

Tax Office – Skatt Øst

- You can apply for a tax card when you have a work contract
- Book an appointment with the Tax Office (Skatt Øst) to order a tax card
- Contact information:
  - Address: Schweigaards gate 17
  - Telephone: 800 80 000
  - Call or chat with the tax office

Bring with you to the appointment

- Passport
- Residence permit card
- Work contract
- Housing contract

Speak up about the learning environment



Speak up!

- If you experience anything unethical, illegal or dangerous
- If you have any complaints
- If you want to report defects concerning UiO's buildings or outdoor areas
- If you would like to give credit to someone

- Tell your student representative
- Contact your faculty or
- Use our online form to speak up

The Ombud for Students

- The ombudsperson for students is an independent, neutral, human resources contact
- Free legal advice and counseling
- Provide assistance to find possible solutions to challenges related to your everyday studies
- The Ombud for students is bound by confidentiality

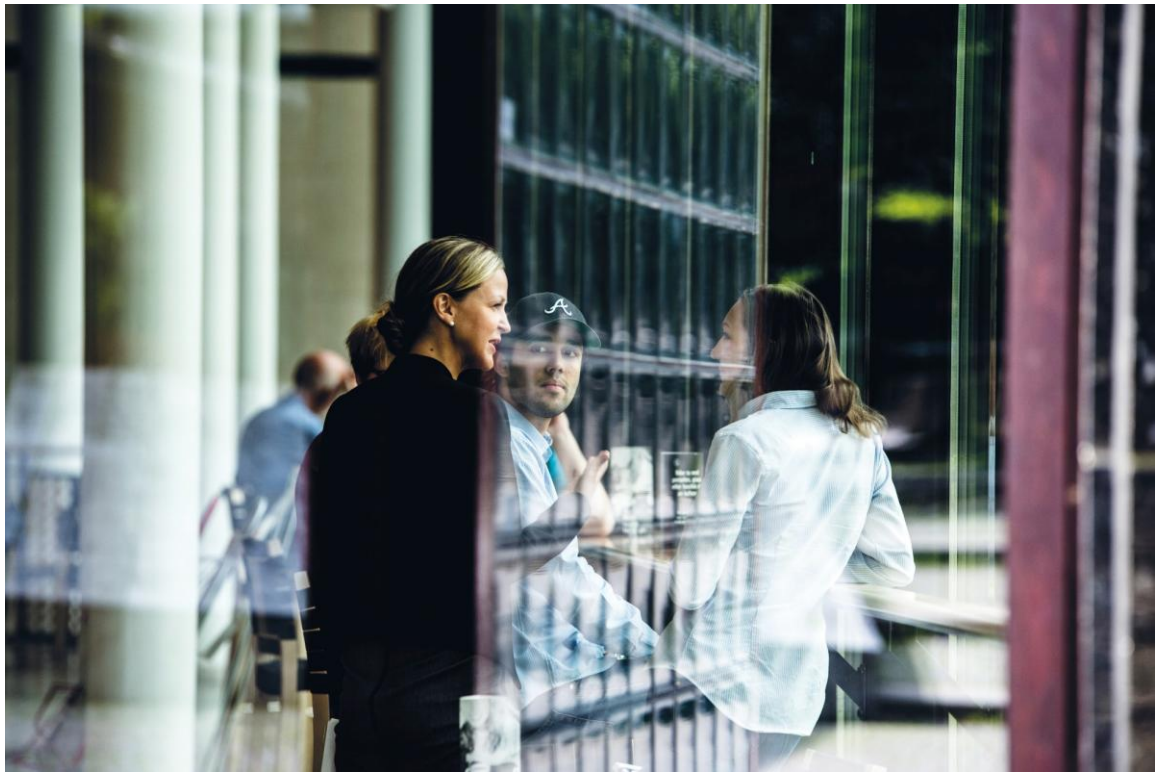


Foto: UiO/Anders Lien

Someone to talk to?

We offer free counseling to all students

Our rooms are safe and cozy

You are free to choose chaplain and topic

Welcome to the University Chaplaincy on the 2nd floor of the Frederikke-building!



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Livssynsåpent samtalesenter



Living in Oslo and events

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Campuses

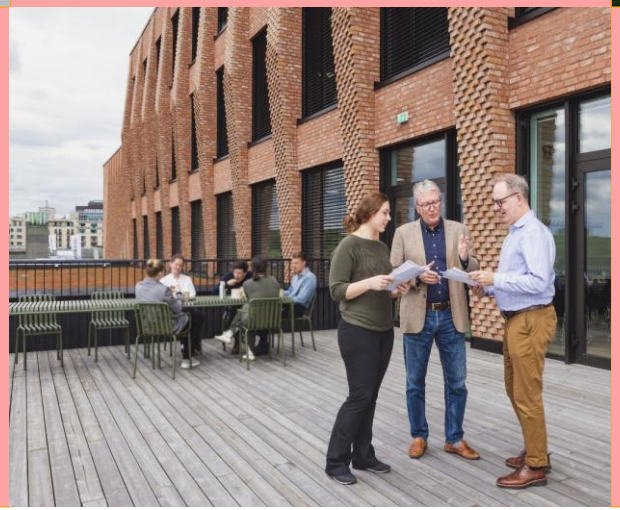


Blindern



Tøyen

Centre of Oslo



Oslo Science Park



Getting around the city

Ruter#

- T-bane (metro), bus, tram, train & ferry
- Use the Ruter app or Google maps
- Buy a 30-day student ticket (1 zone)
- Remember to have the Student ID app (Studentbevis+)



Oslo





Photos: VisitOslo





Photos: VisitOslo/Preben Stene Larsen









Photos: VisitOslo

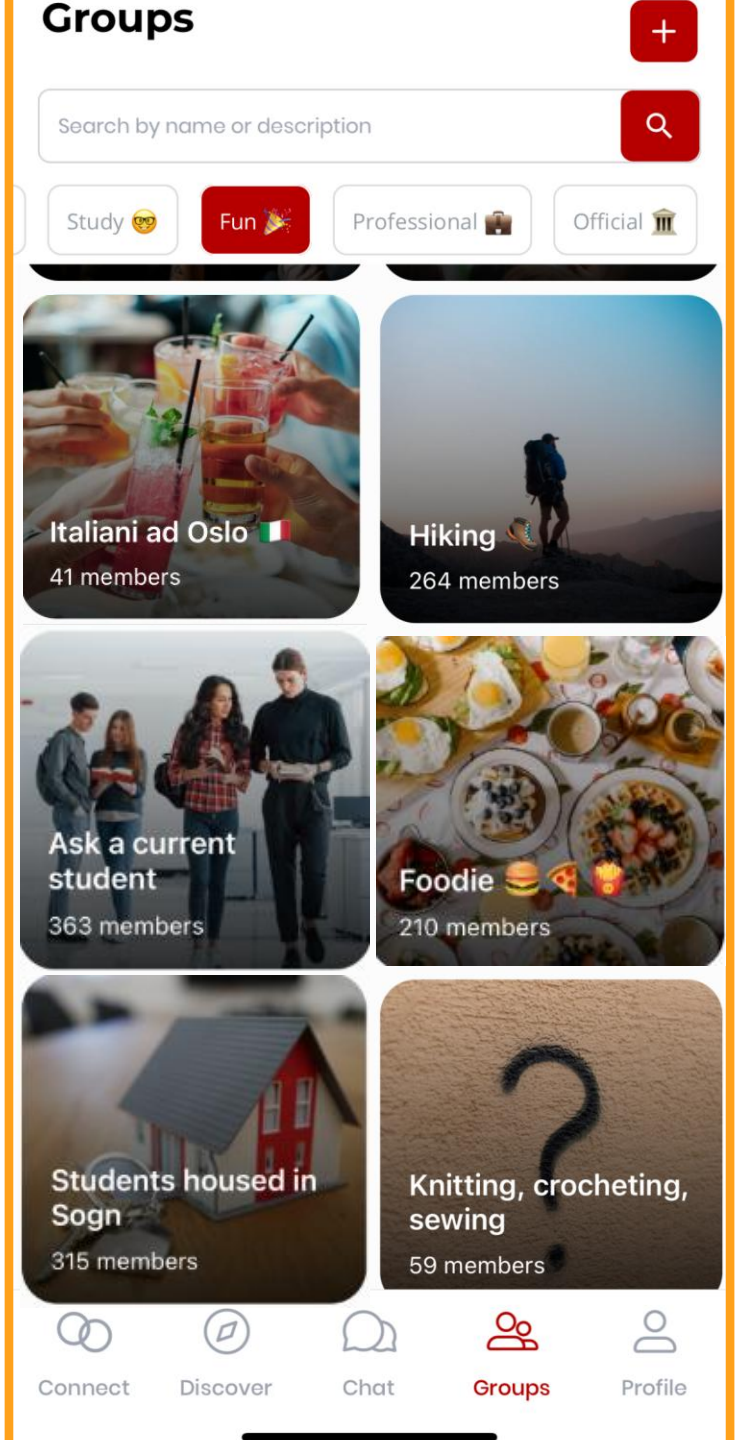
Visit Oslo



Photo: visitoslo.no

Goin’

- Connect with current and new students
- Ask your fellow students for tips
- Check out the groups in the UiO community!













Start of studies events for new students

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Events by Knutepunktet

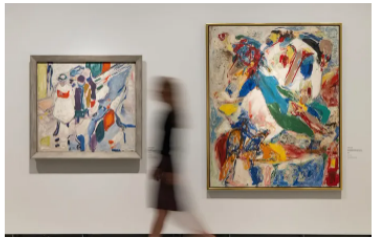
- Different events during the semester
- Free of charge
- All upcoming events



Time and place: Sep. 3, 2026 5:00 PM–7:00 PM, Litteratursalongen, Georg Sverdrups hus

Language café

Do you want to learn and practice languages while getting to know people from around the world? Come to the language café then!



Time and place: Sep. 11, 2026 12:30 PM–1:30 PM, MUNCH

Guided tour: Edvard Munch – A Brief Introduction

Begin your museum visit with an introductory talk on Edvard Munch and his artistry!



Time and place: Sep. 15, 2026 4:00 PM–5:00 PM, Zoom webinar

Study at UiO: Information session & live Q&A with students

Discover what it's like to study at the University of Oslo. Join our introductory webinar for an overview of our international master's programmes, student life in Oslo, tuition fees and the application process. Hear first-hand from our international students and ask your questions live.



Time and place: Sep. 17, 2026 5:00 PM–7:00 PM, Litteratursalongen, Georg Sverdrups hus

Language café

Do you want to learn and practice languages while getting to know people from around the world? Come to the language café then!

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LANGUAGE CAFÈ

FOR STUDENTS

THESE THURSDAYS, 5-7 PM:

- 03 SEPTEMBER
- 17 SEPTEMBER
- 01 OCTOBER
- 15 OCTOBER
- 29 OCTOBER
- 12 NOVEMBER
- 26 NOVEMBER
- 10 DECEMBER

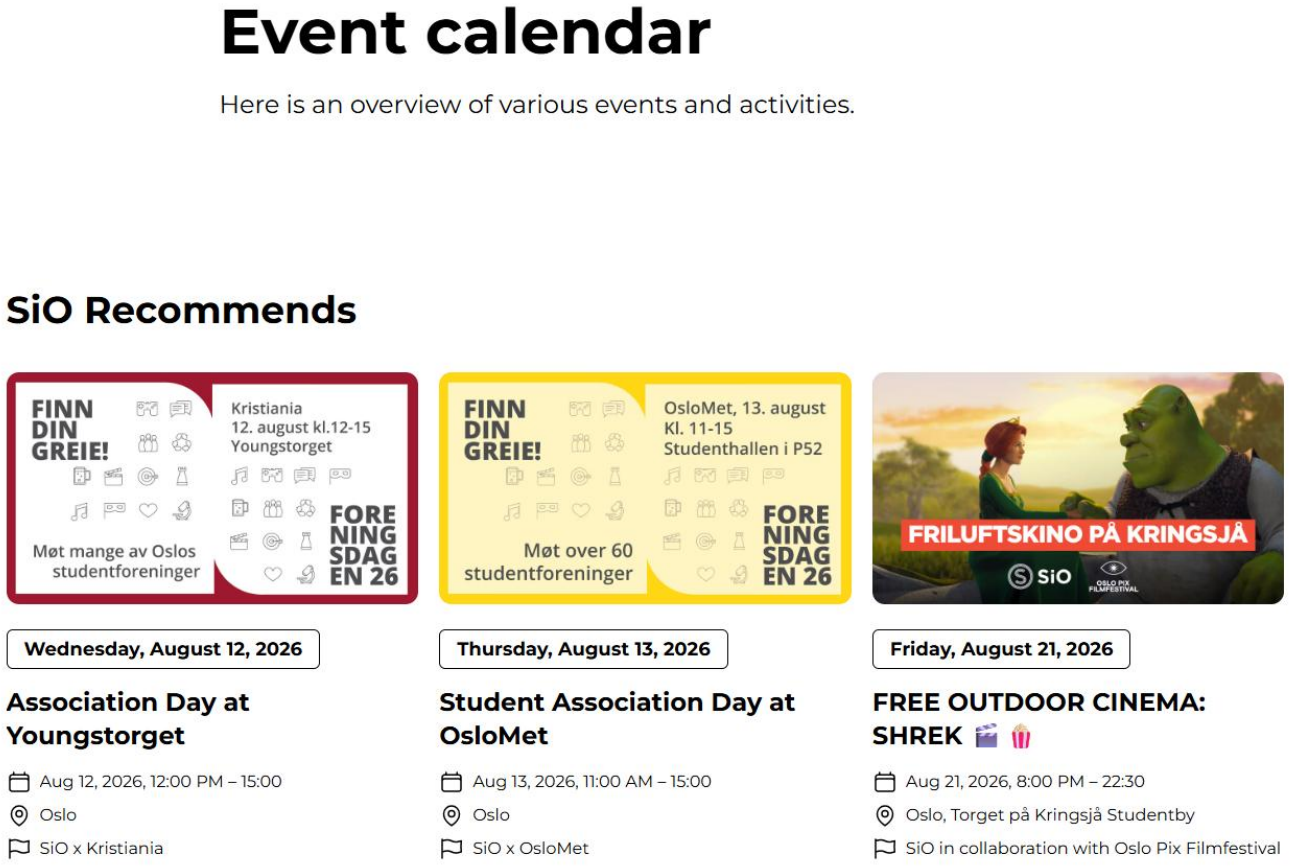
WHERE: THE UNIVERSITY LIBRARY IN GEORG SVERDRUPS HUS

ORGANISED BY KNUTEPUNKTET,
THE UNIVERSITY LIBRARY & ERASMUS STUDENT NETWORK

READ MORE ABOUT THE LANGUAGE CAFÈ:

SiO event calendar

- Variety of events
- Free or discounted
- Both student assosciations and SiO's own events



Get involved!

 **Student associations**	There are more than 200 student associations at the University of Oslo.
 **OSI - Oslo Student Sports Association**	OSI is one of Norway's largest sports organisations.
 **The Norwegian Student Society (DNS)**	DNS is the largest student society in Norway.
 **The Student Parliament**	participate in decision-making on all student-related matters at UiO.
 **Erasmus Student Network Oslo (ESN)**	ESN hosts a variety of activities for all international students.



Questions about this meeting?
Int-advisor@admin.uio.no

Questions about Norwegian courses?
a.a.a.Drevon@iln.uio.no

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