

UNIVERSITY OF OSLO

Register as a student in Norway

Digital Orientation meeting for new international students

Knutepunktet – International Student Reception

Foto: Jarli & Jordan/UiO

11 August 2026



Agenda

- Police registration
- Residence permit
- Health insurance
- Norwegian ID number
- Work permit and tax card
- Bank account
- Student services at SiO
- Student support at UiO

Register with the police

- **Nordic citizens**

- You do not need to register with the police

- **EU/EEA and Swiss citizens**

- Register with the police if you are staying for more than 3 months
- You only need to register once
- No application fee

- **Non-EU/EEA citizens**

- Need a student residence permit to stay in Norway
- Book an appointment with the police to register your arrival
- You can book the appointment before arrival



Foto: Jarli&Jordan, UiO

Police registration for EU/EEA and Swiss citizens

Police registration for EU/EEA and Swiss citizens

- Apply online on the [UDI web page](#)
- Fill in all your names as in your passport or National ID card
- Register your Oslo address and room number
 - Contact SiO housing about registering your postal address
- Book the first available appointment with the Oslo police:
 - Choose «Oslo police district, Service Center for foreign workers» (SUA)

For your police appointment you must bring



Passport or National ID card



EU Health Insurance Card or
Private health insurance documents



Admission letter from UiO



Declaration of funds: Statement that
you can support yourself

Health insurance and Confirmation of admission

Health insurance for EU/EEA citizens

- You must have health insurance from your home country:
 - EU health insurance card or
 - Private health insurance
- It must be valid for the entire study period in Norway
- Your documents must be in English

EU master's degree students

- If you have a letter of conditional admission:
- You can submit this to the police with a [Confirmation of student status](#) with digital signature
- You can order the confirmation of student status on the Studentweb

For all students we recommend a travel insurance

Norwegian ID number and report Move to Norway

EU/EEA citizens staying for 1 semester

- If you are staying for 1 semester you are not eligible for a Norwegian ID number
- If you find a job, you can apply for a tax card through the Tax Office at SUA
- The Tax Office will issue a D-number (temporary ID number)

EU/EEA citizens staying 2 semesters or more

You must report Move to Norway if you are staying more than 6 months (2 semesters or more)

You can report Move to Norway with the Tax Office at SUA before you have met with the police

If you have a police appointment at SUA, you will be transferred to the Tax Office after the police registration

Bring the completed form [RF-1401 Report a move to Norway from abroad](#) and your tenancy contract

The Tax Office will issue a Norwegian ID number

Place of appointment (SUA)

Service Center for foreign workers (SUA)

- Address: Schweigaards gate 17
 - Bus stop: Oslo Bussterminal
 - Subway station: Grønland
 - The Oslo Police and Tax Office are located in the same building
- Remember to bring all required documents
- You can study and stay in Norway while waiting for the police appointment

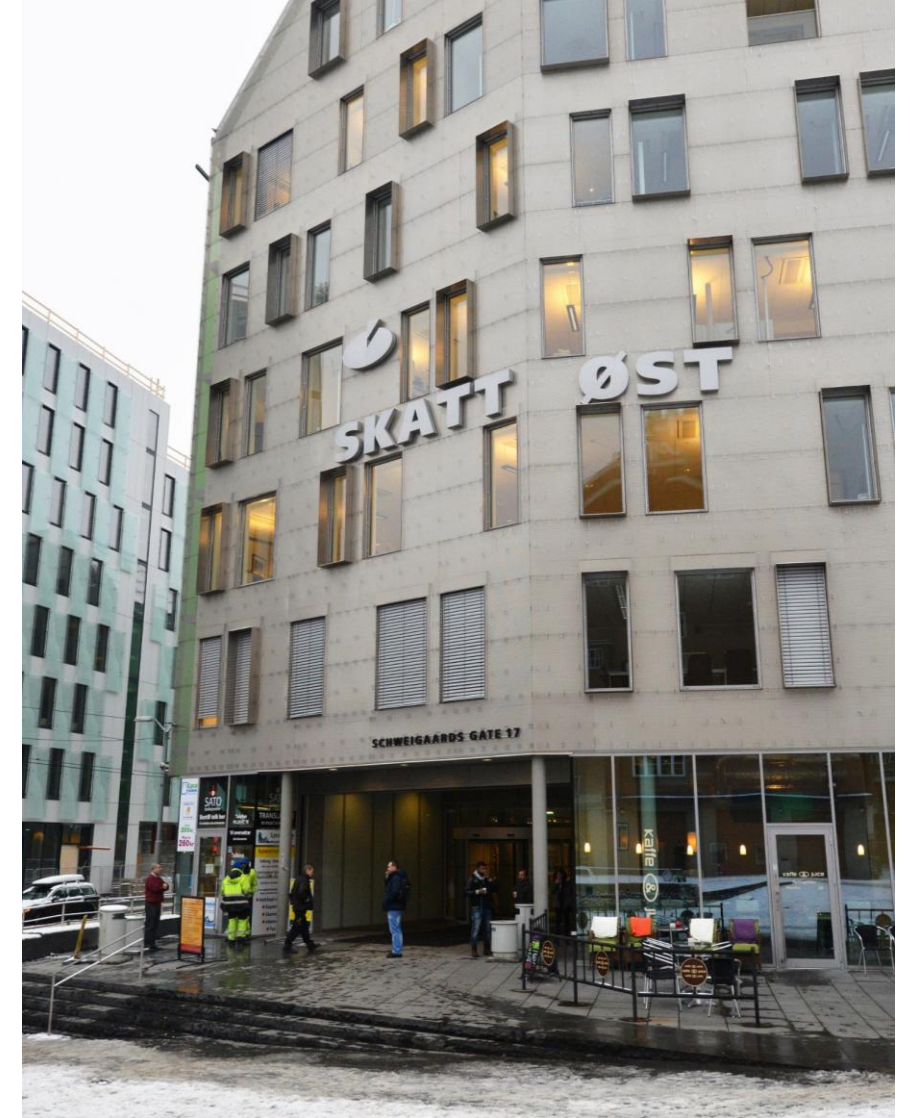


Foto: UiO/Anders Lien

Police registration and residence permit for non EU/EEA citizens

Police registration for non-EU/EEA citizens:

If granted a study permit before arrival

- You will meet with the police to be issued a residence permit card
- Book an appointment with the police on the [UDI web page](#)
 - Choose “Oslo Police District, Department of Immigration”
- Bring documentation of your Oslo address and room number
 - Contact SiO housing about registering your postal address

For your police appointment you must bring



Passport for ID check



Your address in Oslo

Check SiO Mypage for details of the address and unit number



Receipt from SiO deposit account
(if applicable)

Non-EU/EEA citizens: Place of appointment

Oslo Police District, Department of Immigration

Address: Schweigaardsgate 15B

- Bus stop: Oslo Bussterminal
- Subway station: Grønland

• If you cannot book an appointment online, please contact the police:

- Telephone: (+47) 22 34 21 00
- Email: oslo.fuf.studenter@politiet.no



Foto: UiO/Anders Lien

Applying for residence permit after arrival

Non-EU/EEA citizens (visa-free)

- Make sure that you are allowed to apply from Norway
- Apply and book an appointment the on on the [UDI web page](#)
 - Choose “Oslo Police District, Department of Immigration”
- Bring with you all required documents
 - See the [UDI checklist](#) for the documents to be handed in
 - Follow [the UiO guide](#) for how to apply for first time residence permit

Renewal of student residence permit

- Only applicable for students that will extend their studies at UiO
 - Check with your home university and the faculty/department at UiO
- [Apply for renewal of the study permit](#) well before your current permit expires
 - For questions, please send an email to int-advisor@admin.uio.no

Health insurance and ID number for non-EU/EEA citizens

National Insurance Scheme

- You can apply for **voluntary** membership in the National Insurance Scheme
- You must submit an application if you are staying for 3 to 12 months
- Be aware that the health insurance will only cover you within Norway
- While waiting to be registered we recommend private health insurance

Norwegian ID number

- When meeting with the police you will register for a [Norwegian ID number](#)
- Inform the police of your Oslo address and room/unit number
- The Tax Office will send you a letter with a Norwegian ID number
 - D-number (if staying 1 semester)
 - National identity number (if staying 2 semesters or more)

For all students we recommend a travel insurance

Work permit and tax card Bank account

Part-time work while studying in Norway

EU/EEA and Swiss citizens

- You can start to work before registering with the police
- No restrictions on the amount of work while studying
- If you get a job, remember to apply for a tax card

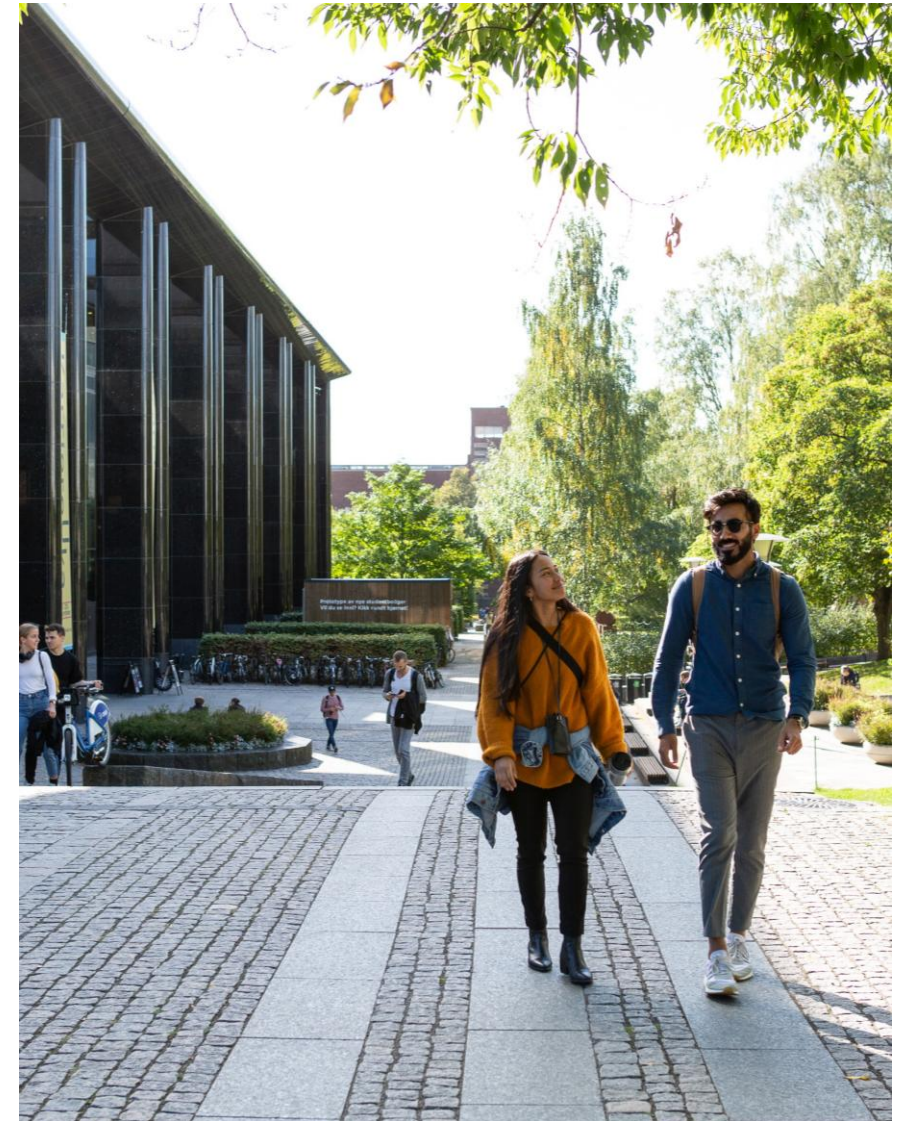


Photo: Jarli/Jorday/ UIO

Work permit for non-EU/EEA citizens

- When granted a study permit you are also granted a part-time work permit
- You need a valid permit before you can start to work
- The part-time work permit as a student only allows you to be an employee
- You can not set up your own business
 - sole proprietorship/enkeltmannsforetak

Work permit and UDI



The part-time work permit has the same duration as the study permit



You can work up to 20 hours pr week



You can work full-time during ordinary the holidays



You can start to work after you have received your residence permit

Work and tax in Norway

- If offered a job, you must register with the Tax office
- [Book an appointment with the Tax Office](#) (Skatt Øst)
- Contact information:
 - Address: Schweigaards gate 17
 - Telephone: 800 80 000
 - [Call or chat with the tax office](#)

Documents for the appointment at the Tax Office

- Passport or National ID card
 - Residence permit card (if applicable)
 - Work contract
 - Housing contract
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- You will receive a tax card:
 - Tax deduction card or
 - Tax exemption card

Bank account in Norway

- Make sure that your credit card can be used in Norway/Europe
- Opening a Norwegian bank account can be difficult
 - Processing time can be several weeks
 - The bank may charge a fee
- Visit the bank of your choice if you:
 - Receive a D-number (1 semester) or
 - After you have received a National identity number (2 semesters or more)

SiO deposit account:

- If you have made a transfer of funds to SiO deposit account
 - applicable for only a few of you:
- Book an appointment with SiO for access to your funds in the [SiO deposit account](#)
- If you have opened a bank account, you can request a transfer of funds to your Norwegian bank account

Student services at SiO

Student support at UiO

Student services at SiO

Student Welfare Organisation in Oslo

- Housing

- Questions about moving in and out
- Change of housing, access cards
- Postal services, insurance

- Health services

- Doctor (GP)
- Dentist services
- Mental health and counselling
- Telephone: (+47) 22 85 33 00

- **Urgent medical matters:** Oslo emergency ward (Legevakten): 116117

- Sports (SiO Athletica)

- 6 locations in Oslo
- Student prices (be aware of contract and notice period)

- Associations

- Student societies, academic, cultural, music, political, international societies etc.

- SiO Events calendar

- Food and beverage

- Canteens, coffeeshops, student deals

Speak up about the learning environment



Speak up!

- If you experience anything unethical, illegal or dangerous
 - If you have any complaints
 - If you want to report defects concerning UiO's buildings or outdoor areas
 - If you would like to give credit to someone
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- Use our online form to speak up
 - Contact your faculty or
 - Tell your student representative

The Ombud for Students

- Provide assistance for students that need help with challenges related to their everyday studies
- Independent and neutral contact point
- Free legal advice and counseling
- The Ombud for students is bound by confidentiality



Foto: UiO/Anders Lien

Someone to talk to?

We offer free counseling to all students

Our rooms are safe and cozy

You are free to choose chaplain and topic

[Welcome to the University Chaplaincy on the 2nd floor of the Frederikke-building!](#)



UNIVERSITETET
I OSLO



Livssynsåpent
samtalesenter

Next



Living in Oslo



Start of studies activities



Events by Knutepunktet