

Your name,
position,
affiliation
and email address in font size 10

Title in bold and font size 14

Abstract (100 words) in italic and font size 12. Line spacing 1.

All text in Times New Roman. Body text font size 12. Line spacing 1,5 lines. All margins 2,5 cm. Add an extra line space to separate paragraphs. Sub-headings are allowed. Use the reference system you prefer (footnotes, endnotes or in-text parenthetical source notes).