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Det matematisk-naturvitenskapelige fakultet

## Lecture 12

## Recap

- We can write Lorentz transformations as the matrix multiplication (note index system!)

$$
x^{\prime \mu}=L_{v}^{\mu} x^{v}
$$

or $x^{\prime}=L x$, where, for a boost in the $x$-direction,

$$
L=\left[\begin{array}{cccc}
\gamma & -\beta \gamma & 0 & 0 \\
-\beta \gamma & \gamma & 0 & 0 \\
0 & 0 & 1 & 1 \\
0 & 0 & 0 & 1
\end{array}\right]
$$

- Adding translations we have the Poincaré transformation $x^{\prime}=L x+a$.


## Plan for today

- Length contraction
- The length of objects is different in different RFs!
- Time dilatation
- Time moves differently in different RFs!
- Proper time
- How to get a good definition of time even when accelerating.
- The twin paradox (*sigh*)
- A completely bloody annoying useless example of nothing.


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## Length contraction



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## Twin paradox



## Summary

- A body of length $L_{0}$ at rest in RF S' moving with velocity v w.r.t. RF S has length L in S given by

$$
L=\frac{1}{\gamma} L_{0} \leq L_{0}
$$

A time interval $\tau$ in $S^{\prime}$ is the interval $t$ in $S$

$$
t=\gamma \tau \geq \tau
$$

This is length contraction and time dilation.

- The proper time is given as

$$
\tau_{A B} \equiv \int_{t_{A}}^{t_{B}} \sqrt{1-\frac{v^{2}(t)}{c^{2}}} d t
$$

