

JASMIN NIESS

IN5510 AUTUMN 24

FUTURES WORKSHOP

SUSTAINATHON HF-LAWN AND IFI-TERRACE

Do you have an idea for how to make UiO wilder? Then sign up for the Green Office's Sustainathon!

- Time and place: Sep. 5, 2024 10:00 AM – 4:00 PM, Niels Treschows House, 12 floor
- What is a Sustainathon?
  - It's a practical exercise where you will spend one day working in a group to develop ideas for solving one of the university's sustainability challenge. At the end of the day, the groups gets 2 minutes to pitch their ideas. A jury chooses the best ideas and one group from each challenge wins the Sustainathon 2024 and a Universal gift card.
  - https://www.uio.no/english/about/climate-environment/green-office/events/sustainathon-gardenedition.html




Grønt kontor/Green Office & Grønn informatikk/Green Informatics

BACKGROUND

- A type of workshop developed by Jungk & Müllert (1987)
- Read more p. 152-153 in the book
- Can be adapted to suit most topics
- Could involve several different exercises to fit your topic and participants
- Typically used in the fuzzy front end
- Involves both diverging and converging

POSSIBLE STRUCTURES OF FUTURES WORKSHOPS

Phase	2-day schedule	1-day schedule	1/2–day schedule
Preparation phase Designing the room, introducing the Theme and working method	1 h	½ h	1/2 h
Critique phase Creating a richer; common image Of the problematic situation	4 h	2 ½ h	1 h
Fantasy phase Generating visions of an improved Situation without restrictions	6 h	2 h	1 ½ h
Realization phase Bringing the visions down to earth and Developing a plan	4 h	2 h	1 ½ h
Follow-Up Phase			

Jungk & Müller, 1987

Phase	2-day schedule	1-day schedule	1/2–day schedule
Preparation phase Designing the room, introducing the Theme and working method	1 h	½ h	1/2 h
Critique phase Creating a richer; common image Of the problematic situation	4 h	2 ½ h	1 h
Fantasy phase Generating visions of an improved Situation without restrictions	6 h	2 h	1 ½ h
Realization phase Bringing the visions down to earth and Developing a plan	4 h	2 h	1 ½ h
Follow-Up Phase			

Jungk & Müller, 1987

PREPARATION PHASE

01

SETTING UP THE ROOM

02

INTRODUCING METHODS

03

INTRODUCING THE THEME



FUTURE OF SUSTAINABLE CITIES



https://education.nationalgeographic.org/resource/smog/





Phase	2-day schedule	1-day schedule	1/2–day schedule
Preparation phase Designing the room, introducing the Theme and working method	1 h	½ h	1/2 h
Critique phase Creating a richer; common image Of the problematic situation	4 h	2 ½ h	1 h
Fantasy phase Generating visions of an improved Situation without restrictions	6 h	2 h	1 ½ h
Realization phase Bringing the visions down to earth and Developing a plan	4 h	2 h	1 ½ h
Follow-Up Phase			

Jungk & Müller, 1987

CRITIQUE PHASE

Objective: Identify and discuss the problems and challenges related to sustainability in current cities.

First step: Let's make some groups

CRITIQUE PHASE

Objective: Identify and discuss the problems and challenges related to sustainability in current cities.

- Brainstorm-ish
- Make a *subjective* list over current sustainability issues worthy of critique in today's cities
- Make notes of the identified issues
- These critiques should not be antagonised or discussed on a deeper level

Phase	2-day schedule	1-day schedule	1/2–day schedule
Preparation phase Designing the room, introducing the Theme and working method	1 h	½ h	1/2 h
Critique phase Creating a richer; common image Of the problematic situation	4 h	2 ½ h	1 h
Fantasy phase Generating visions of an improved Situation without restrictions	6 h	2 h	1 ½ h
Realization phase Bringing the visions down to earth and Developing a plan	4 h	2 h	1 ½ h
Follow-Up Phase			

Jungk & Müller, 1987

FANTASY PHASE

Objective: Creatively imagine the ideal future city without worrying about practical constraints.

- Brainstorm-ish (still)
- Bold and creative ideas for what a fully sustainable city could look like
    - You can consider aspects such as infrastructure, transportation, energy, housing, community life and many more
- The critiques should be turned into their positive counterparts
- The feasibility of these suggestions is irrelevant
- Prepare a visual representation of your ideal city using sketches, diagrams, or digital tools



Phase	2-day schedule	1-day schedule	1/2–day schedule
Preparation phase Designing the room, introducing the Theme and working method	1 h	½ h	1/2 h
Critique phase Creating a richer; common image Of the problematic situation	4 h	2 ½ h	1 h
Fantasy phase Generating visions of an improved Situation without restrictions	6 h	2 h	1 ½ h
Realization phase Bringing the visions down to earth and Developing a plan	4 h	2 h	1 ½ h
Follow-Up Phase			

Jungk & Müller, 1987

REALISATION PHASE

Objective: Transition from visionary ideas to practical strategies for achieving the sustainable cities envisioned in the Fantasy Phase

- Fantasy visions form the base of a “development” plan >> strategy development
- Discuss what needs to be done in order to realise the vision
  - Identify practical steps that could be taken today to move closer to your vision of a sustainable city
  - Consider aspects such as resources, policies, technologies, etc. that could be utilised in the next years



GROUP PRESENTATIONS & DISCUSSION

GROUPS SHARE THEIR ACTION PLANS

FOLLOW-UP PHASE



Make room for discussion and reflections



Listen and reflect



Plan for enough time

ANY QUESTIONS?

