## STK4900/9900 - Lecture 3

## Program

1. Data structure and basic questions
2. The multiple linear regression model
3. Categorical predictors
4. Planned experiments and observational studies

- Section 2.5
- $\quad$ Sections 4.1, 4.2 (except 4.2.4), 4.3 (except 4.3.4-5)
- Supplementary material on planned experiments and uncorrelated predictors


## Data structure and basic questions

Data have the form:

| unit | outcome | predictors (covariates) |
| :---: | :---: | :---: |
| 1 | $y_{1}$ | $x_{11}, x_{21}, \ldots, x_{p 1}$ |
| 2 | $y_{2}$ | $x_{12}, x_{22}, \ldots, x_{p 2}$ |
| $\vdots$ | $\vdots$ | $\vdots$ |
| $n$ | $y_{n}$ | $x_{1 n}, x_{2 n}, \ldots, x_{p n}$ |

Objectives:

- Study the effect of one predictor while adjusting for the effects of the other predictors
- Identify important predictors for an outcome
- Predict the outcome for a new unit where only the values of the predictors are available

For the tree data we may fit a simple linear regression model with volume as the outcome using either diameter or height as the covariate

Height as predictor:

| R-commands: |  |  |
| :---: | :---: | :---: |
| fit.height=Im(volume~height, data=trees) summary(fit.height) |  |  |
| R-output (edited) |  |  |
|  | Estimate | Std. Error |
| (Intercept) | -87.12 | 29.27 |
| height | 1.54 | 0.38 |
| Multiple R-squared: 0.358 |  |  |

Diameter as predictor

| R-commands: |  |  |
| :--- | :---: | :--- |
| fit.diameter=Im(volume~diameter, data=trees) |  |  |
| summary(fit.diameter) |  |  |
| R-output (edited) |  |  |
| Estimate |  | Std. Error |
| (Intercept) | -36.94 | 3.37 |
| diameter | 5.07 | 0.25 |
| Multiple R-squared: 0.935 |  |  |

## R-commands:

fit.diameter=Im(volume~diameter, data=trees)

## R-output (edited)

Estimate Std. Error
(Intercept) -36.94 3.37

Multiple R-squared: 0.935

Diameter accounts for more of the variability in the volumes than height
trees=read.table("http://www.uio.no/studier/emner/matnat/math/STK4900/v11/trees.txt",header=T plot(trees)

But we would like to use both covariates

## Multiple linear regression

Data: $\quad\left(y_{i}, x_{1 i}, x_{2 i}, \ldots, x_{p i}\right) \quad i=1, \ldots, n$
$y_{i}=$ outcome for unit no. $i$
$x_{j i}=$ predictor (covariate) no. $j$ for unit no. $i$
Model:

$$
\begin{aligned}
y_{i} & =E\left(y_{i} \mid \mathbf{x}_{i}\right)+\varepsilon_{i} \\
& =\underbrace{\beta_{0}+\beta_{1} x_{1 i}+\beta_{2} x_{2 i}+\ldots .+\beta_{p} x_{p i}}_{\begin{array}{c}
\text { systematic part } \\
\text { (linear predictor) }
\end{array}}+\underbrace{\varepsilon_{i}}_{\begin{array}{c}
\text { random part } \\
\text { (noise) }
\end{array}}
\end{aligned}
$$

Here $\quad \mathbf{x}_{i}=\left(x_{1 i}, x_{2 i}, \ldots, x_{p i}\right)$
The $x_{i i}$ 's are considered to be fixed quantities, and the $\varepsilon_{i}$ 's are independent error terms that are assumed to be $N\left(0, \sigma_{\varepsilon}^{2}\right)$-distributed

For the tree data we may fit a multiple linear regression model with volume as the outcome and both diameter and height as predictors

## R-commands:

fit.both=Im(volume~diameter+height, data=trees) summary(fit.both)

## R-output (edited):

|  | Estimate | Std. Error | t value | $\operatorname{Pr}(>\|t\|)$ |
| :--- | :---: | :--- | :---: | :---: |
| (Intercept) | -57.99 | 8.64 | -6.71 | $2.75 \mathrm{e}-07$ |
| diameter | 4.71 | 0.264 | 17.82 | $<2 \mathrm{e}-16$ |
| height | 0.339 | 0.130 | 2.61 | 0.015 |

Residual standard error: 3.88 on 28 degrees of freedom
Multiple R-squared: 0.948

Note that the effects of diameter and height are modified when adjusted for the effect of the other

## Interpretation of regression coefficients

$\beta_{j}$ is the change in $E(y \mid \mathbf{x})$ for an increase of one unit in the covariate $x_{j}$ holding all other covariates constant

The effect of each covariate in a multiple linear regression model is adjusted for the effects of all the other covariates in the model

## Least squares

Also for multiple linear regression do we use the method of least squares, i.e. the estimates $\hat{\beta}_{0}, \hat{\beta}_{1}, \ldots ., \hat{\beta}_{p}$ are obtained as the values of $b_{0}, b_{1}, \ldots, b_{p}$ that minimize the sum of squares

$$
\sum_{i=1}^{n}\left(y_{i}-E\left(y_{i} \mid \mathbf{x}_{i}\right)\right)^{2}=\sum_{i=1}^{n}\left(y_{i}-b_{0}-b_{1} x_{1 i}-\ldots-b_{p} x_{p i}\right)^{2}
$$

The regression model is linear in the parameters $\beta_{j}$
But the model allows for non-linear effects of the covariates
For example we may for the tree data include a quadratic term for diameter, i.e. we may consider the model:

$$
\text { volume }=\beta_{0}+\beta_{1} \text { diameter }+\beta_{2}(\text { diameter })^{2}+\beta_{3} \text { height }+\varepsilon
$$

## R-commands:

fit.both $=I m($ volume $\sim$ diameter + I(diameter^2)+height, data=trees)
summary(fit.both)

## R-output (edited):

|  | Estimate | Std. Error | t value | $\operatorname{Pr}(>\|\mathrm{t}\|)$ |
| :--- | :--- | :--- | :--- | :--- |
| (Intercept) | -9.92 | 10.08 | -0.98 | 0.334 |
| diameter | -2.89 | 1.310 | -2.20 | 0.036 |
| I(diameter^2) | 0.269 | 0.046 | 5.85 | $3.13 \mathrm{e}-06$ |
| height | 0.376 | 0.088 | 4.27 | 0.00022 |

Residual standard error: 2.63 on 27 degrees of freedom
Multiple R-squared: 0.977

## Transformations

Sometimes it may be useful to perform the regression analysis based of transformations of the outcome and/or the covariates
The formula for the volume of a cone indicates that the volume of a tree is (approximately) proportional to height $\times(\text { diameter) })^{2}$

This suggest the linear regression model:
$\log ($ volume $)=\beta_{0}+\beta_{1} \log ($ height $)+\beta_{2} \log ($ diameter $)+\varepsilon$

## R-commands:

fit.log $=\operatorname{lm}(\log ($ volume $) \sim \log ($ height $)+\log ($ diameter), data=trees) summary(fit.log)

## R-output (edited):

|  | Estimate | Std. Error | t value | $\operatorname{Pr}(>\|\mathrm{t}\|)$ |
| :--- | :--- | :--- | :--- | :--- |
| (Intercept) | -6.63 | 0.800 | -8.29 | $5.06 \mathrm{e}-09$ |
| log(height) | 1.12 | 0.204 | 5.46 | $7.81 \mathrm{e}-06$ |
| log(diameter) | 1.98 | 0.075 | 26.4 | $<2 \mathrm{e}-16$ |

Residual standard error: 0.117 on 28 degrees of freedom
Multiple R-squared: 0.978

## Coefficient of determination

The coefficient of determination is given as for simple linear regression:

$$
R^{2}=\frac{M S S}{T S S}=1-\frac{R S S}{T S S}
$$

This may be interpreted as the proportion of the total variability in the outcomes that is accounted for by the predictors

The multiple correlation coefficient is given by

$$
r=\sqrt{R^{2}}
$$

One may show that this is the Pearson correlation coefficient between the outcomes $\left(y_{i}\right)$ and the fitted values $\left(\hat{y}_{i}\right)$

## Fitted values and residuals

In a similar manner as for simple linear regression, we have:
Fitted values: $\hat{y}_{i}=\hat{\beta}_{0}+\hat{\beta}_{1} x_{1 i}+\hat{\beta}_{2} x_{2 i}+\ldots+\hat{\beta}_{p} x_{p i}$
Residuals: $\quad r_{i}=y_{i}-\hat{y}_{i}$

## Sums of squares

$$
\begin{array}{ll}
T S S=\sum_{i=1}^{n}\left(y_{i}-\bar{y}\right)^{2} & \text { (total sum of squares) } \\
M S S=\sum_{i=1}^{n}\left(\hat{y}_{i}-\bar{y}\right)^{2} & \text { (model sum of squares) } \\
R S S=\sum_{i=1}^{n}\left(y_{i}-\hat{y}_{i}\right)^{2} & \text { (residual sum of squares) }
\end{array}
$$

$$
\text { Decomposition: } \quad T S S=M S S+R S S
$$

## Residual standard error

Unbiased estimator of $\sigma_{\varepsilon}^{2}$ :

$$
\operatorname{Vâr}(\varepsilon)=s_{y \mid \mathbf{x}}^{2}=\frac{R S S}{n-p-1}
$$

$s_{y \mid \mathrm{x}}$ is the residual standard error

The denominator is

$$
n-p-1=n-(p+1)
$$

$=$ number of observation - number of $\beta_{j}$ 's
This is the residual degrees of freedom (df)

## Standard error of the estimates

The variance of $\hat{\beta}_{j}$ is estimated by :

$$
\begin{equation*}
\operatorname{Vâr}\left(\hat{\beta}_{j}\right)=\frac{s_{y \mid \mathrm{x}}^{2}}{(n-1) s_{x_{j}}^{2}\left(1-r_{j}^{2}\right)} \tag{}
\end{equation*}
$$

Here $\quad s_{x_{j}}^{2}=\sum_{i=1}^{n}\left(x_{j i}-\bar{x}_{j}\right)^{2} /(n-1)$ is the sample variance of the $x_{j i}$ 's and $r_{j}^{2}$ is the multiple correlation coefficient for a multiple linear regression where $x_{j}$ is regressed on the other predictors in the model

Standard error: $\quad \operatorname{se}\left(\hat{\beta}_{j}\right)=\sqrt{\operatorname{Vâr}\left(\hat{\beta}_{j}\right)}$
Formula (*) is similar to the one for simple linear regression
The formula shows that $\operatorname{se}\left(\hat{\beta}_{j}\right)$ becomes larger if $x_{j}$ is correlated with the other predictors in the model

## Hypothesis tests

## Overall test

Consider the null hypothesis that none of the predictors have an effect, i.e. the null hypothesis $H_{0}: \beta_{1}=\beta_{2}=\ldots=\beta_{p}=0$

Test statistic

$$
F=\frac{M S S / p}{R S S /(n-p-1)}
$$

We reject $\mathrm{H}_{0}$ for large values of $F$
The test statistic is F-distributed with $p$ and $n-p-1$ df under $\mathrm{H}_{0}$
This is a generalization of the F-test for one-way ANOVA

## Test for the effect of a single predictor

Quite often it is not very interesting to test the null hypothesis that none of the covariates have an effect

It may be of more interest to test the null hypothesis $H_{0}: \beta_{j}=0$ versus the alternative $H_{A}: \beta_{j} \neq 0$

To this end we may use the test statistic

$$
t=\frac{\hat{\beta}_{j}}{\operatorname{se}\left(\hat{\beta}_{j}\right)}
$$

We reject $\mathrm{H}_{0}$ for large values of $|t|$
Under $\mathrm{H}_{0}$ the test statistic is t-distributed with $n-p-1 \mathrm{df}$

Note that the t-test is the same as for simple linear regression (i.e. with only on covariate), except for the degrees of freedom

## Confidence intervals

95\% confidence interval for $\beta_{j}$ :

$$
\hat{\beta}_{j} \pm c \cdot \operatorname{se}\left(\hat{\beta}_{j}\right)
$$

where $c$ is the upper $97.5 \%$ percentile in the $t$-distribution with $n-p-1 \mathrm{df}$

Note that the confidence interval is the same as for simple linear regression, except for the degrees of freedom

## Binary categorical predictors

For the tree example both predictors are numerical
In general the predictors in a linear regression model may be numerical and/or categorical

However, special care needs to be exercised when using categorical predictors

For ease of presentation, we start out by considering a single binary predictor, i.e. a categorical predictor with only two levels (female/male, treatment/control, etc)

This corresponds to the situation where we compare two groups
We assume that the data for the two groups are random samples from $N\left(\mu_{1}, \sigma_{\varepsilon}^{2}\right)$ and $N\left(\mu_{2}, \sigma_{\varepsilon}^{2}\right)$, respectively

We will reformulate the situation as a regression problem

## First reformulation as a regression problem

The observations may be denoted (with $n=n_{1}+n_{2}$ ):

$$
\begin{array}{ll}
\text { Group 1: } & y_{1}, y_{2}, \ldots ., y_{n_{1}} \\
\text { Group 2: } & y_{n_{1}+1}, y_{n_{1}+2}, \ldots ., y_{n}
\end{array}
$$

We introduce the binary covariate

$$
x_{i}=\left\{\begin{array}{ll}
0 & \text { for } i=1,2, \ldots, n_{1} \\
1 & \text { for } i=n_{1}+1, \ldots, n
\end{array} \quad(\text { group } 1, \text { reference }) ~ 子\right.
$$

Then we may write

$$
y_{i}=\mu_{1}+\left(\mu_{2}-\mu_{1}\right) \cdot x_{i}+\varepsilon_{i} \quad i=1,2, \ldots, n
$$

where the $\varepsilon_{i}^{\prime}$ 's are independent error terms that are $N\left(0, \sigma_{\varepsilon}^{2}\right)$-distributed
This has the form of a simple linear regression model with

$$
\beta_{0}=\mu_{1}=\text { expected outcome in the reference group }
$$

$\beta_{1}=\mu_{2}-\mu_{1}=$ difference in expected outcome

## Example:

In Lectures 1 and 2 we considered a study of bone mineral density (in $\mathrm{g} / \mathrm{cm}^{2}$ ) for rats given isoflavone and for rats in a control group

We then used a t-test and the corresponding confidence interval to study the effect of isoflavone

## R-output:

Two Sample t-test
data: treat and cont
$\mathrm{t}=2.844, \mathrm{df}=28, \mathrm{p}$-value $=0.0082$
alternative hypothesis: true difference in means is not equal to 0 95 percent confidence interval:
0.00450 .0279
sample estimates:
mean of $x \quad$ mean of $y$
$0.2351 \quad 0.2189$

## R-commands for bone density example:

bonedensity=
read.table("http://www.uio.no/studier/emner/matnat/math/STK4900/v11/bonedensity.txt",header=T) bonedensity\$group=factor(bonedensity\$group)
Im.density=Im(density~group,data=bonedensity) summary(Im.density)

## R-output:

|  | Estimate | Std. Error | $t$ value | $\operatorname{Pr}(>\|t\|)$ |
| :--- | :--- | :--- | :--- | :--- |
| (Intercept) | 0.2189 | 0.00402 | 54.34 | $<2 \mathrm{e}-16$ |
| group2 | 0.0162 | 0.00569 | 2.844 | 0.0082 |

Residual standard error: 0.0156 on 28 degrees of freedom

Note that we define "group" to be a categorical covariate (or "factor")
The intercept is the mean in group 1 (the reference group)
The estimate for group2 is the difference between the means in the two groups The $t$-value (2.844) and $p$-value ( 0.0082 ) equals the $t$-test

An alternative reformulation as a regression problem
We may write the model as

$$
y_{i}= \begin{cases}\mu_{1}+\varepsilon_{i} & \text { for } i \text { in group 1 } \\ \mu_{2}+\varepsilon_{i} & \text { for } i \text { in group 2 }\end{cases}
$$

We introduce the "grand mean" $\quad \bar{\mu}=\frac{\mu_{1}+\mu_{2}}{2}$

Then the model may be reformulated as

$$
y_{i}= \begin{cases}\bar{\mu}+\left(\mu_{1}-\bar{\mu}\right)+\varepsilon_{i} & \text { for } i \text { in group } 1 \\ \bar{\mu}+\left(\mu_{2}-\bar{\mu}\right)+\varepsilon_{i} & \text { for } i \text { in group } 2\end{cases}
$$

We now introduce the covariate

Then the model may be written

$$
y_{i}=\bar{\mu}+\left(\mu_{1}-\bar{\mu}\right) \cdot x_{i}+\varepsilon_{i} \quad i=1,2, \ldots, n
$$

This has the form of a simple linear regression model with

$$
\begin{aligned}
& \beta_{0}=\bar{\mu}=\text { grand mean } \\
& \beta_{1}=\mu_{1}-\bar{\mu}=\text { deviation from grand mean in group } 1
\end{aligned}
$$

## Multilevel categorical predictors

We then consider a categorical predictor with $K$ levels

This corresponds to the situation where we compare $K$ groups
We denote the observations for all groups combined by

$$
y_{1}, y_{2}, \ldots, y_{n}
$$

Here the first $n_{1}$ observations are from group 1, the next $n_{2}$ observations are from group 2, etc.

We assume that all observations are independent and that the observations from group $k$ are $N\left(\mu_{k}, \sigma_{\varepsilon}^{2}\right)$-distributed

We will reformulate the situation as a regression problem

## Example:

In Lecture 2 we considered an experiment were 24 rats were randomly allocated to four different diets, and the blood coagulation time (in seconds) were measured for each animal

| Diets (treatment) |  |  |  |
| :---: | :---: | :---: | :---: |
| A | B | C | D |
| 62 | 63 | 68 | 56 |
| 60 | 67 | 66 | 62 |
| 63 | 71 | 71 | 60 |
| 59 | 64 | 67 | 61 |
|  | 65 | 68 | 63 |
|  | 66 | 68 | 64 |
|  |  |  | 63 |
|  |  |  | 59 |



We will study the effect of diet on the blood coagulation time

## Reformulation as a regression problem

With $K$ groups we need to introduce $K-1$ predictor variables

$$
\begin{aligned}
& x_{1 i}= \begin{cases}1 & \text { for } i \text { in group } 2 \\
0 & \text { otherwise }\end{cases} \\
& x_{2 i}= \begin{cases}1 & \text { for } i \text { in group } 3 \\
0 & \text { otherwise }\end{cases} \\
& x_{K-1, i}= \begin{cases}1 & \text { for } i \text { in group } K \\
0 & \text { otherwise }\end{cases}
\end{aligned}
$$

Note that all $\quad x_{j i}=0$ for $i$ in group for 1 , which is the reference group

## R-commands for blood coagulation example:

rats=read.table("http://www.uio.no/studier/emner/matnat/math/STK4900/v11/rats.txt",header=T) rats\$diet=factor(rats\$diet)
fit.rats $=\operatorname{lm}\left(\right.$ time ${ }^{\sim}$ diet,data=rats)
summary(fit.rats)
anova(fit.rats)

| R-output (edited): |  |  |  |  |
| :--- | :---: | :--- | :---: | :--- |
|  | Estimate | Std. Error | t value | $\operatorname{Pr}(>\|\mathrm{t}\|$ ) |
| (Intercept) | 61.00 | 1.18 | 51.55 | $<2 \mathrm{e}-16$ |
| diet2 | 5.00 | 1.53 | 3.27 | 0.0038 |
| diet3 | 7.00 | 1.53 | 4.58 | 0.0002 |
| diet4 | 0.00 | 1.45 | 0.00 | 1.0000 |

Residual standard error: 2.366 on 20 degrees of freedom
Multiple R-squared: 0.671, Adjusted R-squared: 0.621
F-statistic: 13.57 on 3 and 20 DF, $p$-value: 4.66e-05
Analysis of Variance Table

| Analysis of Variance Table |  |  |  |  |  |
| :--- | :---: | :--- | :--- | :--- | :--- |
|  | Df | Sum Sq | Mean Sq | F value | $\operatorname{Pr}(>F)$ |
| diet | 3 | 228 | 76.0 | 13.57 | $4.66 \mathrm{e}-05$ |
| Residuals | 20 | 112 | 5.6 |  |  |

We get a more detailed picture than in Lecture 2

## Planned experiments and observational studies

The methods for multiple linear regression are valid both for planned experiments (where the values of the predictors are under the control of the experimenter) and observational studies (where we condition on the observed values of the predictors)

But the interpretation of the results is more complicated for observational studies, as we will now discuss

We start out by considering the situation with two covariates

|  | $\mathbf{0 . 5 \%}$ | $\mathbf{0 . 6 \%}$ | $\mathbf{0 . 7 \%}$ |
| :--- | :---: | :---: | :---: |
| $50^{\circ} \mathrm{C}$ | 38 | 45 | 57 |
|  | 41 | 47 | 59 |
| $60^{\circ} \mathrm{C}$ | 44 | 56 | 70 |
|  | 43 | 57 | 69 |
| $70^{\circ} \mathrm{C}$ | 44 | 56 | 70 |
|  | 47 | 60 | 67 |

An experiment has been conducted to study how the extraction rate of a certain polymer depend on temperature and the amount of catalyst used. The extraction rate was recorded twice for each of three levels of temperatures and three levels of the catalyst

Observational study
For 25 brands of cigarettes the content of tar, nicotine, and carbon monoxide have been measured (details)


We want to study how the amount of CO emitted from the cigarette smoke depends on the content of tar and nicotine

## Cigarette example

Note that:

- When only nicotine is used as predictor, it has large effect on CO
- The effect of nicotine disappears when adjusted for the effect of tar
- The reason is that the two predictors are strongly correlated

|  | Estimate | Std. Error |
| :--- | :--- | :--- |
| (Intercept) | 1.66 | 0.99 |
| nicotine | 12.40 | 1.05 |
| Residual standard error: | 1.83 |  |
| Multiple R-squared: 0.857 |  |  |


|  | Estimate | Std. Error |
| :--- | :--- | :--- |
| (Intercept) | 2.74 | 0.68 |
| tar | 0.80 | 0.05 |
| Residual standard error: 1.40 |  |  |
| Multiple R-squared: 0.917 |  |  |


|  | Estimate | Std. Error |  |
| :--- | :---: | :--- | :---: |
| (Intercept) | 3.09 | 0.84 |  |
| nicotine | -2.65 | 3.79 |  |
| tar | 0.96 | 0.24 |  |
|  |  |  |  |
| Residual standard error: | 1.41 |  |  |
| Multiple R-squared: 0.919 |  |  |  |

## Planned experiments and uncorrelated predictors

For planned experiments one may choose the values of the predictors so that they are uncorrelated. This is also called orthogonality

Orthogonality is a useful property:

- $\mathrm{R}^{2}$ is given as $R^{2}=r_{1}^{2}+r_{2}^{2}+\ldots+r_{p}^{2}$ where $r_{j}$ is the Pearson correlation between predictor $j$ and the outcome
- The estimates $\hat{\beta}_{j}$ are the same as obtained by fitting a simple linear regression for each covariate.
- The standard errors $\operatorname{se}\left(\hat{\beta}_{j}\right)$ are typically smaller (cf. slide 13 )
- Therefore, shorter confidence intervals and more precise predictions may be obtained


## Randomization

Another difference between planned and observational studies is that for planned studies we are able to randomize which study subjects receive different treatments.

For instance, comparing a proposed treatment with a placebo treatment we at random select $\mathrm{n} / 2$ individuals that get the proposed treatment and the remaining $\mathrm{n} / 2$ get the placebo.

This way there will be no systematic initial difference between the two groups and a difference in outcomes between treatment groups can, due to the randomization, be attributed to a causal effect.

## Observational studies and correlated predictors

For observational studies the predictors will be correlated

Then, as illustrated above for two covariates, the effect of one covariate may change when other covariates are included in the model

Therefore special care has to be exercised when analysing data from observational studies

We will have a closer look at this in Lecture 4

## Spurious effects

In an observational study randomization will not be possible and observed differences between groups can be spurious, i.e. due to initial differences between the groups.

These initial differences will be then be correlated with the groups that we want to compare. Thus this is related to the discussion of correlated covariates and confounding in Lecture 4.

