



Dresscode and lockers for the clinical rotations in obstetrics/gynaecology at Oslo University Hospital, location Ullevål

Dresscode at clinical small group teachings

Except for the rotation to the operating theatre, you are expected to meet in white hospital clothes. Bring indoor shoes, and use a scrunchy if you have long hair. Remember your Ullevål-card to identify you as a medical student and your signature book. A small notebook and a pen might also come useful. (You are not expected to bring a stethoscope.) Put your bags and purses into the designated lockers at the Children's Centre *before* attending the rotations.

Dresscode at the operating theatre

At the operation rooms you are expected to wear green clothes. The changing rooms are on the 5th floor, but the operation rooms are on the 4th floor. You have to go through the changing rooms in order to access the operation rooms. You are NOT allowed to access the operation rooms via the 4th floor. Use the elevators or stairs from the reception to the 5th floor, enter through the glass doors on your left hand side. You will see wardrobes containing green clothes on the right side of the hallway. Collect clothes of appropriate size. The changing rooms are to both sides of the glass-door in front of you; men on the right and women on the left side. You will need your Ullevål-card to enter. Change into green clothes, green shoes and wear a surgery cap and your Ullevål-card as you leave the changing room on the other side of the glass door. (Valuables can be stored in the small lockers just outside the changing room. Remember to put the key back when you are finished using the locker.) Walk to the end of the hallway and use the stairs down to the operation rooms on the 4th floor. Walk straight forward until you come to the reception and introduce yourself as a medical student.

Wristwatches and jewelry

Wristwatches and jewelry, including piercings, should be removed before all teachings. Please remember to trim your fingernails and remove nailpolish.

Locker facilities

Lockers can be found in the basement at the Children's Centre, building nr 9. Enter at the main entrance, use the elevator or walk the stairs to the basement. Follow the signs marked with "Tilfluktsrom", and you will see the lockers on your left hand side. Please remove your padlock and belongings after each teaching to ensure free lockers for the next group of students.

To find the locker room and white hospital clothes, follow the "Tilfluktsrom"-signs further on. You will need your Ullevål-card to unlock the door.

Further information

Please do not hesitate to contact student co-ordinator Anne Kvalheim: uxanlh@ous-hf.no if you have further questions.

We look forward to seeing you!

On behalf of the teaching staff at the Women's Clinic