Check list for clinical rotation in gynecology and obstetrics

This is a list of the skills you are supposed to practice during your clinical rotation. Most of them are not mandatory, but they are part of your learning outcomes for this module. Please make a mark in the table every time you do any of the skills listed. You can show the list to midwives and doctors you follow so they know what you are supposed to do. We use the results to assess to what degree we are able to offer you practice. The list will be handled anonymously, however, we would like to have some background information to assess if any of the factors below affect how much you get to do.

I am a ___ Norwegian/____ Exchange student. I am ____ male/____ female student
I had GYNECOLOGICAL small groups at ____ Ullevål/ ____ Ahus
I had OBSTETRIC small groups at ____ Ullevål/ ____ Ahus/ ____ Rikshospitalet

Gynecological skills	1	2	3	4	5	6	7	8	9	10
Insert speculum (patient, not mannequin)										
Perform bimanual palpation of uterus										
Take cytological sample/HPV-test from cervix										
Take sample for PCR-testing from cervix										
Insert IUD										
Remove IUD										
Assess pelvic organ prolapse										

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Obstetric skills	1	2	3	4	5	6	7	8	9	10
Measure SF-height										
Perform Leopold's maneuvers										
Assess fetal heart rate (Pinard or Doppler)										
Observe caesarean section										
Assess dilatation and descent during labor										
Assist delivery of baby										
Delivery of placenta										
Assessment of placenta										
Assess uterine tone, size and consistency postpartum										
Assess postpartum hemorrhage										
Assess perineum after delivery										